

THE JOURNEY TO WILD DIVINE

Wisdom Quest

User's Manual



WISDOM QUEST USER'S MANUAL

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I. Getting Started

Technical Support:

If you have questions, please refer to the Frequently Asked Questions “FAQs” button on the Main Menu or visit our website www.wilddivine.com/Faq. If you are still having problems, please call Technical Support at 1-866-594-WILD (9453).

Box Contents:

CD-ROM Software:

- One installation set (4 CD-ROMs) for PC
- One installation set (1 DVD) for Macintosh
- *Wisdom Quest* Training Guide & User’s Manual

System Requirements:

- 1.5 GB of Disk Space, 256MB of available RAM
- 800 X 600 color display
- CD-Rom drive
- QuickTime 6.5 (included)

PC:

- Intel Pentium III or higher
- 800 MHz processor (minimum)
- 1.25 GHz processor (recommended)
- Windows 2000 or Windows XP

Macintosh:

- G4 or higher
- 800 MHz processor (minimum)
- 1.25 GHz processor (recommended)
- Mac OS X v10.2.6 or later



Installation of the Software:

Step 1: Remove the CD-ROMs or DVD from the installation set that matches your computer (PC or MAC)

Step 2: Insert “Disk Number 1” into your computer’s CD-ROM drive.

Step 3: In a few moments, *The Journey to Wild Divine* disk should auto-install.

NOTE: If it does not auto-install, then open The Journey to Wild Divine disk on your desktop and double click on The Journey to Wild Divine icon.

Step 4: Follow easy-to-use, on-screen instructions to insert the remaining 3 disks.

SPECIAL NOTE: This process will take approximately ten to fifteen minutes including the software registration. Please allow the install of QuickTime; it will not reinstall it if you already have it.

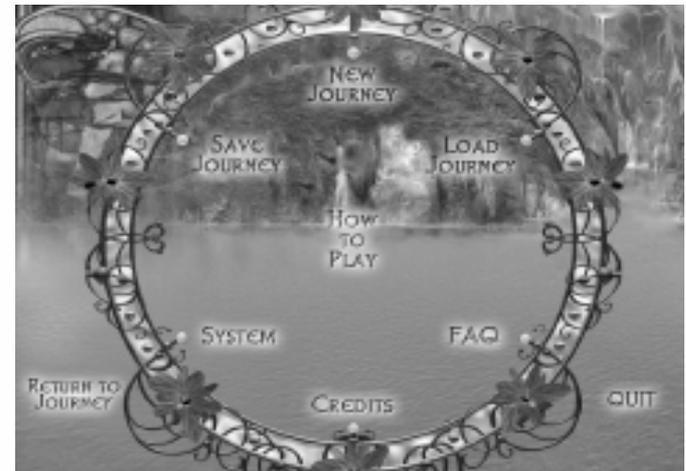
II. How To Play

SPECIAL NOTE: Please turn off your computer's screensaver so that your gameplay is not interrupted.

Getting to the Main Menu:

Double click on *The Journey to Wild Divine* icon that appears on your desktop screen after you’ve completed the installation process.

When you start the program for the first time, you will be asked to enter your serial number to authenticate *The Journey* software and activate your warranty. Your Wisdom Quest serial number is found on the back of your CD/DVD installation pack. If you have Internet access, click the register button. This will take you to our online registration system. Otherwise, you can register and get the code by calling Customer Service at 1-866-594-WILD (9453).



Main Menu Screen



After you enter your activation code, you will arrive at the Main Menu screen that looks like the figure on the bottom of the previous page. By clicking on the corresponding buttons you have the opportunity to do nine different things:

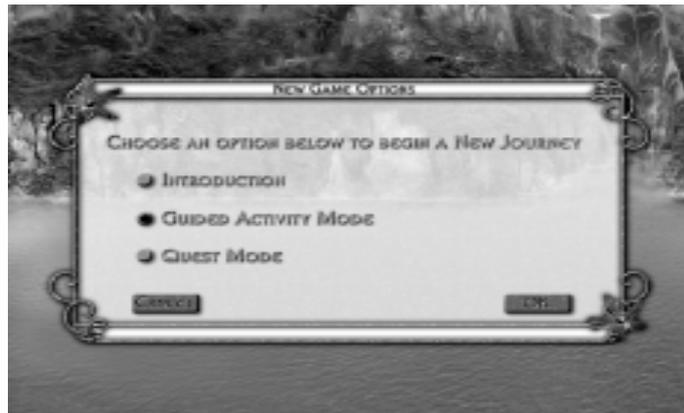
1. New Journey – Click here to begin a new Journey. Selecting the New Journey button will prompt a dialogue box to appear with the following three options.

a) *Introduction*

Place an “X” in this box and click begin if you’d like to see a short introduction movie. The movie will not play if you do not choose it. Then choose one of the following two mode to begin (see page 6 for more detail on each of the following modes).

b) *Guided Activity Mode*

c) *Quest Mode*



Option Screen



2. Save Journey – Click here to save any journey.

3. Load Journey – Click here to load a journey that you have previously saved.

4. How to Play – Click here to learn how to play or to review instructions. During your journey you can press the <h> key to access help at any time.

5. System – **New!** Choose here from 5 levels of difficulty. Change them as often as you like to meet your desired level of challenge.

New! Click the Preference option to choose other advanced settings for your journey.

You can also click here to check the functionality of the finger sensors from this screen. (See the System Screen on Page 12 of the FAQs.)

6. FAQs – Click here to find answers to common questions about the program.

8. Return to Journey – Click here to return to a journey in progress.

9. Quit – Click here to leave your journey for a while. Remember to save before exiting.

VERY SPECIAL NOTE: Any time you want to return to the Menu when you are playing the game, just hit the <ESC> – usually located at the upper, left corner of the keyboard.

Guided Activity Mode vs. Quest Mode:

Guided Activity Mode provides direct access to 20 challenging biofeedback activities with very little navigation on the user's part. It is designed to be used as a focused mind-body training tool that quickly immerses you into the activities. With the accompanying Training Manual, you will become skilled at balancing different states of energy from excitement and joy to relaxation and deep meditation.

Σ You must use the <esc> key to return to the Guided Activity Mode menu after you complete each event. Keep in mind that if you feel adventurous you can continue to explore in Quest Mode rather than press the <esc> key to return to the Guided Activity Mode.

In Quest Mode you will navigate many different paths, thoroughly exploring the mythological landscapes and adventures within the Sun Realm. Complete this hero's journey and learn to enter different states of mind, body and spirit through over 40 biofeedback activities



Guided Activity Mode Screen

The Basics:

The Journey to Wild Divine is played using a unique blend of standard mouse navigation combined with the use of the finger sensors for use in the biofeedback "Activities". The best way to learn to play is by clicking the "How to Play" button on the Main Menu or during a journey simply press the <h> key where you'll see an instructional tour of all the elements on the Play Screen.

Navigation:

Hint: Visit the new map feature by pressing the "M" key on your computer keyboard. Areas you visit will be "lit up" and you can return to them directly by clicking on them in the map.

Using the Magic Wand (new features in Wisdom Quest):

Your magic wand has some exciting new features in *Wisdom Quest*. As in *The Passage*, your Magic Wand acts as your navigational tool allowing you to move throughout the Sun Realm. This time, you have a new rotating camera angle that allows you to view your entire environment in 360°. Click and keep holding down on your mouse to move in any direction you'd like to explore. You can move up, down, side to side, to rotate all around the entire scene.

As with the previous version, when the tip turns from blue to gold, this indicates an area that is available to explore - click on the mouse to proceed in that direction. The "swoosh" of stars signifies a direction for navigation.

The Navigator:

Throughout the realm navigational help is provided by the Navigator Compass – this new icon is at the bottom left of your screen in the Control Panel.



Navigator

The Navigator Compass moves in a full 360°. The stars around the Navigator Compass indicate the directions that you can explore in the Realm, given your current position. The Navigator Compass and the stars act as radar as you move your Magic Wand over the gameplay area.

Playing Activities (more new options in Wisdom Quest!):

An “Activity” in *The Journey* is the opportunity to use the Magic Rings (or biofeedback sensors) on your fingers to move through a Journey challenge or to “just play” using your energy flow.

In Wisdom Quest, there are now two activity indicators, purple and orange. When you move your wand over an area and “**Purple Haze**” appears, this indicates that you have the chance to enter an Activity that has a specific, intended outcome. To proceed along this chosen path, you must complete this biofeedback activity. Click on the Purple Haze with your wand to begin the Activity.

The next type of Activity is indicated by the appearance of “**Orange Mist**”. These activities have no end per se, they are practice and skill building activities and can continue for as long as you like. Simply click the “I’m finished now” button on the screen when you’re ready to continue on your journey.

Biofeedback in each Activity

There are three types of biofeedback Activities throughout the game. The “Durga Eyes” will appear as you enter most activities and act as a visual cue to tell you what type of “Energy” Activity it is. When the Eyes open with magenta pupils, you must summon your energy with strong, uplifting thoughts of joy or excitement. On the contrary, when the Eyes appear with blue pupils and then close, you must work to bring your energy level down into a calm, meditative and relaxed state.

Hint: read the Training Manual for tips on hints how to achieve these activity results.

You will be able to watch your progress during these events with the “**Energy Bar**” that appears on the bottom of your screen. This highly useful tool provides you with an indication of your energy flow. Blue energy flow shows that you are in a more relaxed energy state while red energy flow shows you are more energized. This tool provides you with realtime feedback.

The final type of Activity is designated by a Glowing Heart. When you see the Glowing Heart, you will engage in your breathing techniques.

The Butterfly Maiden has given you a pair of “**Breath Wings**” that will appear on the bottom of your screen in these exercises. Breathe gently in for 5 seconds, then out for 5 seconds with the wings as they softly flutter (watch for new breaths throughout the game and pay attention to see if the rate of the Breath Wings changes).

Your ability to control your energy level and master the Heart Breath will improve with practice. And as you develop these skills, not only will you advance in your *Journey to Wild Divine* and be asked to perform ‘complex’ events, but you also will emerge more prepared to navigate your own, personal life journey.



III. Troubleshooting and FAQs

Question: Where is my serial number to register?

Answer: Your software serial number is found on the back of the Install Disks envelope.

Question: “How do navigate? I’m not sure how to use the 3D system.”

Answer: To Navigate press the mouse button and keep it held down. Move your mouse in the direction you want to move (left, right, up or down). If you see a ‘shower of stars’ you can click on it to move to a different area.

Question: “What are the two modes in Wisdom Quest?”

Answer: When you begin a New Journey from the Main Menu you will see that you have a choice of two modes: Guided Activity Mode and Quest Mode:

1. Guided Activity Mode is great for direct energy training, allowing you to access 20 biofeedback training activities directly.
2. Quest Mode allows you to access the entire Wisdom Quest adventure with over 40 biofeedback activities. Navigate throughout the realm, exploring and discovering the many paths and hidden treasures, unveiling many personal lessons along the way.

Question: “How do I return to Guided Activity Mode?”

Answer: Anytime you want to return to the Guided Activity Mode menu press the <esc> key.

Question: “What’s the difference between purple and

orange smoke?”

Answer: Purple smoke indicates an activity that you are intended to complete to move on in your journey. If you can not finish it, you should come back and try it again later to complete and progress. Orange smoke means it is a practice event, you should practice for as long as you like and then quit the activity. Return again later for more practice.

Question: “If I am in *The Journey*, how do I return to the Main Menu?”

Answer: Simple, just hit the <ESC> key on your computer keyboard — usually on the upper left corner of the keyboard.

Question: “How do I get to the Help Pages?”

Answer: Anytime you want to go to the Help Pages press the <h> key.

Question: “How do I get help from the mentor?”

Answer: Always REMEMBER: your mentor sits at the bottom right of your screen waiting for you to click on him to reveal helpful advice for doing the Activity. If confused or frustrated click on your guide!

Question: “Help! I’m lost! Is there a map?”

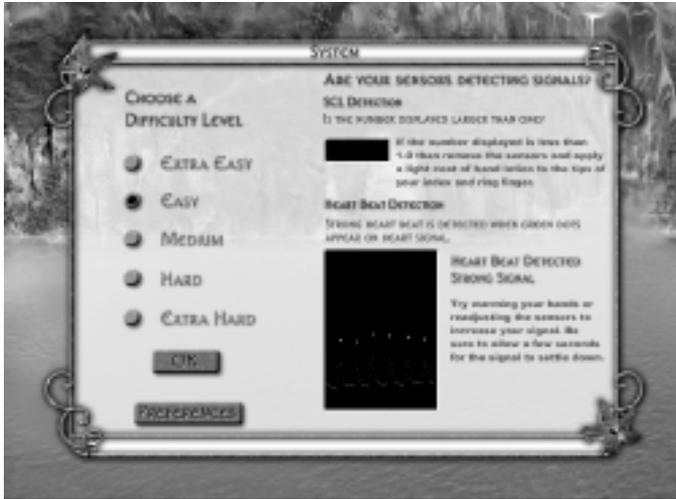
Answer: Simply press the “M” key on your keyboard during gameplay. Or anytime you want to return to the Guided Activity Mode menu press the <esc> key.

Question: “How do I exit an activity?”

Answer: The triangular button on the bottom of your screen will always allow you to ‘back out’ of an activity.

Question: “How do I set the level of difficulty?”

Answer: The default setting is easy. To change that (up to 5 levels of difficulty) go to the System Screen. You can access the System Screen from the Main Menu page. Simply hit <ESC>.



System Screen

Question: How do I know if my sensors are working?

Answer: Click the “System” button on the Main Menu. On the System’s page, you’ll see that your heart rate and your SCL (Skin Conductance Level) is displayed (see bottom). To return to this screen press the <ESC> key on your keyboard. This will take you to the Main Menu screen where you can click on the System button to return to the System page. To resume play, simply click the “Return to Journey” icon on the Main Menu.

Question: “The ‘Unable to Detect Finger Sensors’ message box keeps appearing on my screen, what’s going on?”

Answer: In certain circumstances, the USB interface between the computer and the Light Stone can confuse itself and needs to be reset. To reset the USB interface, unplug the USB cable from the Light Stone and plug it in again.

Question: “How do I know to pick something up?”

Answer: If you mouse over an object with your Magic Wand and sparkles appear, you should click on the object to turn your wand into the Helping Hand. Drag the object to your Magic Bag with the Helping Hand. Chances are, you’ll need that object down the road of your Journey.

Question: “If I take off the sensors and come back to play, do I have to restart the game?”

Answer: No, taking off the sensors at any time does not affect the play. It requires only a 25 second recalibration period.

Question: “How do I start a new journey without the Introduction movie?”

Answer: You will have the option when you start a new journey to play without the Introduction movie.

Question: What happens if you hand off the finger sensors to someone else?

Answer: The finger sensing circuitry is adaptive to each user. If a new user puts on the rings please allow 25 seconds for the sensor circuitry to recalibrate to the new user.



IV. Credits

The Journey to Wild Divine: Wisdom Quest

Designed and Directed by

Corwin Bell

Producer

Kurt Smith

Artists

Corwin Bell – Concept/3D Artist/Special Effects

Bryan Mayner – Lead 3D artist

Karen Sadenwater – Production Manager/Special Effects

Jan Delany – Game Design

Dennis Ruybal – Photoshop artist

Suzanne Labreque – 3D Artist

Programmers

Jan Delany – Director of Technology

Rob Sheely – Director Programmer

Nik Gervae – xtra Programmer

Pete Clark – xtra Programmer

Actors/Voices

Deepak Chopra – Rama, Teacher of Wisdom

Jean Houston – Introduction, Game voiceovers

Nawang Khechog – Mentor

Dean Ornish – The Great Tree Spirit

Jessica Irby – Lady of Compassion

Colleen Sardinha – Butterfly Maiden



Lily Goldner – Pixie Helper

Shanti Shanti – Gate Keepers

Anna Coy – Breathing Instructor

Mickey Houlihan – The Sound Magician

Anne Bell – Horse Rider

Norma Johnson – Animal Cards, Dancer

Romona Mukherjee – Dancer

Bonnie Grey – Dancer

Tigo – the dog

Rain – the horse

Sound

Michael Verdick – Sound Director

Andy McEwen – Additional Sound Recording/Editing

Mickey Houlihan – Special Sound Effects

Music Score

Carolyn Fazio – Game Music scoring

Additional Scoring

Nawang Khechog

Deva Premal

Shanti Shanti

David Darling

Snatam Kaur

Patrick Dumont

Thaddeus “Gaffer” Venar

Jonathan Goldman

Shirley Puzatzky and Ronn Yedidia

Maya Fiennes

Michael Levey Gurunam

Rasa Music

Anna Coy



Songs

Carolyn Fazio

“Angel Isle”, “Voices of Autumn”, “Revelation”,
“Distant Dreams”, “Sailing”,
“Silver Moon”, “The Odyssey”

Written and performed by Carolyn Fazio
Published and copyrighted by Sonic Farms (ASCAP)
Produced by Carolyn Fazio

Available through Sonic Farms at www.sonicfarms.com

Nawang Khechog

“Bodhisattva's Magnificent Heart”
Written, arranged and produced by Nawang Khechog
Vocals by Nawang and Tsering Khechog

“A Call of Compassion to Humanity”
Written, arranged and produced by Nawang Khechog
Performed by Nawang Khechog

“Universal Compassion”
Melody based on ancient Korean folk song “Ariang”
(Public Domain)
Written, arranged and produced by Nawang Khechog
Performed by Nawang Khechog, Lead Vocal by Beth
Quist



All songs published by Tibet Universal Music Publishing
(BMI)
Originally released on the CD “Music As Medicine”

Available at www.nawangkhechog.com

Additional scoring for Windmill Event

Deva Premal

“Gatè Gatè”

Performed by Deva Premal
Produced by Deva Premal, Miten & Kit Walker
www.DevaPremalMiten.com
Published by Prabhu Music (ASCAP)
Licensed in North America by White Swan Records
Originally released on the CD “Love is Space”

Available through www.WhiteSwanRecords.com

Shanti Shanti

“Ganesha Prayer”

Written and Performed by Shanti Shanti (Andrea and
Sara Forman)
Produced by Robert Forman
Published and copyrighted by Ganesha Publishing BMI /
Blue Halo Productions, Inc.
Originally released on the CD “Shanti Shanti”



“Narayana Upanishad”

Written and performed by Shanti Shanti (Andrea and Sara Forman)

Produced by Robert Forman

Publishers: Published and copyrighted by Ganesha

Publishing BMI / Blue Halo Productions, Inc.

Originally released on the CD “Living in Dream Time”

Available through Blue Halo Productions, Inc. at

www.shantishanti.com

David Darling

"Minor Blue"

Written & Performed by David Darling

Published and copyrighted by Tasker Music / ASCAP

Produced by David Darling & Mickey Houlihan for Wind Over The Earth

Originally released on the CD "8-String Religion"

"Looking Back"

Written & Performed by David Darling

Published and copyrighted by Wind Over The Earth Music/ Tasker Music (ASCAP)

Produced by Mickey Houlihan & David Darling for Wind Over The Earth

From his upcoming release on Wind Over The Earth

Available through Wind Over The Earth Records at



www.windovertheearth.com

Snatam Kaur Khalsa

"Ong Namu", "Long Time Sun"

Performed by Snatam Kaur

Written by Snatam Kaur and Thomas Barquee

Published and copyrighted by Spirit Voyage Records, Inc. (ASCAP)

Produced by Thomas Barquee

Originally released on the CD 'Grace'

Available through Spirit Voyage Music at www.spiritvoyage.com

Patrick Dumont

“To The Gardenia”, “Into The Wild Divine”, “Further Away”, “Return To Nawa”, “The Portal”, “New Time” (featuring the vocals of Oceanlove)

“Sofia’s Theme”, "Beyond Pleiades", "Solaris Two"

Written, performed and produced by Patrick Dumont

Visit Patrick’s website at www.rockartmusic.com

Thaddeus “Gaffer” Venar

“Captain O’Kane”

Written by Turlough O’Carolan, Public Domain,



Arrangement by Thaddeus “Gaffer” Venar
 Performed and produced by Thaddeus “Gaffer” Venar
 Copyrighted by Wild Elf Productions

“Cedar's Laugh”, “Lady Lornia”
 Written, performed and produced by Thaddeus “Gaffer”
 Venar
 Published and copyrighted by Wild Elf Productions
 Originally released on the CD “Flood, Flux, and Flow”
 Additional scoring for Windmill and Harp Events
 Available at www.thatharpguy.com

Jonathan Goldman

"Compassion/Beloved" from The Lost Chord
 "Convergence" from Celestial Reiki II
 "Song of Saraswati" from Angel & The Goddess
 Excerpt from "Holy Harmony"
 "Quiet Space" from Celestial Reiki
 "Angelic Calling" from Chakra Chants 2

Written and performed by Jonathan Goldman © 2005
 by Jonathan Goldman
 Administered by Spirit Music Inc. on behalf of Jonathan
 Goldman and Sound Healers Publishing, ASCAP—All
 Rights Reserved. (p) 2005 Spirit Music. All rights
 reserved.

Originally released on the CD "FREQUENCIES:
 Sounds of Healing" by Jonathan Goldman
 Available at Spirit Music at www.healingsounds.com



Shirley Pugatzky and Ronn Yedidia

“Desert Star Song” – Hebrew: “Shirat Kochav Hamidbar”
 “Breathing/Creating” – Hebrew: “Noshaemet/Goshaemet”
 Written, performed and produced by Shirley Pugatzky and
 Ronn Yedidia

Information on these artist’s works available at
shirlypugatzky@yahoo.com

Maya Fiennes

“Easy Seven Eight”
 “By the Sea”

Written and Performed by Maya
 Published by copyright control / PRS
 Produced by Graham Dixon
 Originally released on the CD “Cross of Silence”

Available through: PLANET MAYA at www.planetmaya.net

Joseph Michael Levry

“Love, Peace, Light to All”

Written and performed by Joseph Michael Levry
 Published and copyrighted by Rootlight, Inc
 Produced by Joseph Michael Levry
 Originally released on the CD “Soul Trance”

Available through Rootlight, Inc at www.rootlight.com



Deepak & Friends - A Gift of Love Vol. 1 – Love Poems of Rumi. RS-3078-2.

- “Desire” (Instrumental) Deepak Chopra and Adam Plack
- “My Burning Heart” featuring Deepak Chopra
- “The Meaning of Love” featuring Goldie Hawn
- “The Privileged Lovers” featuring Deepak Chopra
- “The Alchemy Of Love” featuring Deepak Chopra
- “The Mirror” featuring Debra Winger
- “Look At Your Eyes” featuring Noah and Debra Winger
- “Looking For Your Face” featuring Jared Harris
- “Desire” featuring Deepak Chopra and Yaron Fuchs

Produced & Arranged by Adam Plack and Yaron Fuchs. Executive Produced by Donna D’ Cruz. Original Music Composed by Adam Plack, Yaron Fuchs, Sussan Deyhim & Richard Horowitz. Published by Yalumba Music Inc. 1998 (ASCAP). Under exclusive license from Rasa Music.

www.rasamusic.com

www.myspace.com/rasamusic 212 253 1567

Anna Coy

"Breathe Your Spirit"

Written, performed and produced by Anna Coy
Published and copyrighted by Spirit is Fearless Productions
Originally released on the CD “Learn How to Breath with Anna Coy: The Whole-Body Breathing Series”

Available through Spirit is Fearless Productions at
www.heartofbreathing.com



Writers

- Jean Houston –Introduction, game script
- Nawang Khechog – Game script
- Terri Trespicio–Training Manual Writer/Developer
- Kathleen Jenks – Mythologist Consultant, Companion Guide Writer
- Corwin Bell – Companion Guide Contributing Writer
- Wendy Goldner – Companion Guide/Training Manual /User's Manual Editor

Animal Trainers

- Animal Trainers
- Dave Moran –Falconer
- Lynn and Carol Wilkinson – Yaks
- John Heise, Cynthia Fronk – Alpacas

Biofeedback Advisors

- Liana Mattulich – Biofeedback
- Bob Whitehouse – Biofeedback
- Sunny Turner – Biofeedback

Hardware Development

- Neil Blank –Lightstone
- Unovo –Sensor development/manufacturing

Special Thanks for Wisdom/Guidance to

- Yogi Bhajan
- Deepak Chopra
- Jean Houston
- Nawang Khechog
- Liana Mattulich
- and many others...



Package Design

Linda Moldawsky
Molly Ruttan

Drawings/Layout for Training Manual & Companion Guide (sold separately)

Molly Ruttan

A Special Thank You

Fredda Psaltis – Creator of the Healing Star of Peace
Philip and Stephanie Carr-Gomm – The Druid Animal Oracle
Frans and Bronwen Stiene – The Japanese Art of Reiki
Steve Smith – Video Tech
Shaana Mayner – Video Assistant
Linda Moldawsky – Graphic Artist
Immersive Studios
CrucibleRecording.com
Sounddogs.com
Everyone at Wild Divine Studios

Remembrances

Chilkoot -Luna the White Wolf
Flash - the Dog
Jaws - the Falcon

Sound Files

SOUNDDOGS.COM
PO Box 5021
Santa Monica, CA 90409
www.sounddogs.com



Graphics and Construction Tools

3D Studio Max (Discreet)
Director (Macromedia)
Flash MX (Macromedia)
After Effects (Adobe)
Photoshop (Adobe)
Premier (Adobe)
Illusions (Wondertouch)

Music and Sound Tools

Pro Tools Audio Interface (Digidesign)

Additional Tools

Cleaner 5 (Discreet)
Quicktime Pro (Apple)



v. Technical Support

The answers to additional Frequently Asked Questions (FAQs) can be found by selecting the FAQs button on the Main Menu of the Journey.

Or visit <http://www.wilddivine.com/Faq> for a more detailed and updated list of support issues.

Technical support is also available at 1-866-594-WILD (9453).



vi. Satisfaction Guarantee and Warranty

The creators and developers of *The Journey to Wild Divine* want you to have a rewarding experience with this product as we have committed years of our lives to bring this unique experience to you. However, if the experience is just not working for you, please contact us within 30 days of your Registration and we will gladly allow you to return the product for a full refund.



THE WILD DIVINE PROJECT
*is a provider of multi-media adventures
for self-care and healing.*

*The Wild Divine Project
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Eldorado Springs, CO 80025
1-866-594-WILD
www.wilddivine.com*